

Lifestyle Journeys presents

The Great Mind-Body-Spirit Big Day Out

Immerse yourself into a fabulous day and learn about the many ways in which you can practise Holistic Living. Our presenters share their knowledge and first-hand experiences across a diverse range of topics.

There will be plenty of time to mix and mingle, ask questions and soak up the energy. We promise it will be a casual affair where we will focus on learning with one very important ingredient, FUN!

Workshop Details:

Date: 13 August 2016

Venue: Lowry Bay Yacht Club
100 Port Road, Seatoun, Lower Hutt

Time: 9.00am-5.00pm

Cost: \$60.00 per person
Includes entrance fee, morning and afternoon tea

Lunch: Please bring your own lunch

To register:

Email: wendy@lifestylejourneys.co.nz
Phone: 027 533 0954



LIFESTYLE JOURNEYS

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