

## **A TRANSFORMATIONAL JOURNEY THROUGH THE LAND OF THE INCAS**

### **Sunday 10 September 2017**

On arrival into Cusco you will be met by a representative from Pyramid Travel and transferred to your hotel. Today is a free day so as you have some time to acclimatize to the altitude. Cusco is the archeological capital of Peru. Perched at 4000m above sea level it is one of Peru's highlights exerting a powerful energy that captivates all who spend time in it.

Early afternoon we will meet at our hotel for an informal introduction. This will be an opportunity to set our intentions for the journey ahead and the chance to get to know our fellow travelling companions.

Late Afternoon: Cusco Dining Tour (4 hours duration)

Visit the San Pedro Market and learn about the local food where all types of Andean Cuisine can be purchased. Make and taste Pisco Sours as well as prepare a four course meal that you get to enjoy at the end of the cooking class.

Overnight: Cusco

### **Monday 11 September 2017**

After breakfast we will be met by Willaru Huyatu our local spiritual guide whose expertise on esoteric science and past civilizations will be enjoyed by us all.

This morning we will visit one of the most famous power places located on the outskirts of Cusco – Saksaywaman.

Later in the morning we will travel by coach, climbing high up into the mountains behind Cusco where we will enjoy the spectacular views of both Cusco and its surrounding area. Nothing however prepares you for your first glimpse of the Sacred Valley. It is truly magical. The mountains stand tall and majestic on either side of the valley with the powerful Rio Urubamba flowing through it. The Sacred Valley is the home of many mountain deities, known as Apukanas. You will feel the special healing energy as soon as you cross over into the valley and begin to explore all that it has to offer.

Enroute to Pisac we will stop at a fabulous store that demonstrates the weaving industry by local Peruvian women. There is a very good shop selling many different types of quality Peruvian wool products where you will be given time to peruse at your leisure.

On arrival into Pisac we will have a late lunch and the remainder of the day is free to explore the town.

Overnight: Pisac

## **Tuesday 12 September 2017**

This morning we will rise early and make our way up to the site of the “Royal Inca Palaces” (now known as the Pisac Ruins) located on top of the sacred mountain. It is truly spectacular. We will walk the site and have the opportunity to receive knowledge of the Mystery School for the higher initiation from Willaru our Incan Master Guide. You will also get the chance to have some private time to meditate, immersing yourself in the energy of this magical site. We will then take a very picturesque walk down from the site into Pisac Town.

Free time until the late afternoon where you will have the opportunity to have an optional one on one private healing session with either Willaru or Sharon.

Free Evening.

Overnight: Pisac

## **Wednesday 13 September 2017**

This morning we will meet with our Shamanic medicine man Wilson. As we sit in ceremony he will be sharing ancient wisdom handed down from the elders within his lineage. We will be introduced to Pachamama (Mother Earth) and the Apu (spirit) of the mountains. This is a very powerful way to begin our time of transformation as we tune into our own self – and why we are here, what it is that we wish to release and what we wish to embrace to grow and expand.

Wilson will gift us his knowledge on the Munay Ki, the rites of the shaman’s path of the Q’ero nation, the descendants of the Inca. The nine rites of initiation heal us and assist in transforming the human energy field.

Late afternoon and evening free (private healing sessions available)

Overnight: Pisac

## **Thursday 14 September 2017**

Today we will transfer from Pisac to Yucay, a small village located a little further down the valley. We will spend the day with Wilson our medicine man. He will take us out onto the land to one of the sacred sites that is not visited by many tourists where he will perform a special healing ceremony. This sacred spot is well known by the local Quechuan people for its magical, mystical healing powers.

Free Evening

Overnight: Yucay

## **Friday 15 September 2017**

This morning Willaru will join us and he will be taking us to the Dimensional circles of Moray – the Mother Earth Temple, nestled high up in the Sacred Valley. This is a sacred site that has a deep connection with other worlds. We will sit with him and study the cosmic laws that govern all forms of life.

Free Afternoon

This evening we will have a workshop based on “ How connecting with your Own Personal Power can aid in Self-Healing and the re-navigation of your life path ” facilitated by Sharon.

Overnight: Yucay

### **Saturday 16 September 2017**

This morning we will visit the Sacred Site, Killarumiyoc, The Temple of the Moon – which is a place of the Sacred Feminine. This is a very powerful site where Willaru will share esoteric knowledge and the teachings of the Incan Masters.

Free afternoon

Evening Meditation: One and half hour duration (prior to Dinner)

We will gather together to have a group meditation and the chance to discuss and share knowledge on what we have experienced so far, spirituality and healing modalities.

Overnight: Yucay

### **Sunday 17 September 2017**

This morning we will be transferred to Ollantaytambo, a gorgeous village located at the far end of the Sacred Valley. After checking into our hotel we will visit the Sacred Site of Ollantaytambo with Willaru. This magnificent site has such incredible history and spiritual energy. We will walk it slowly with Willaru sharing the Masters messages.

Free Afternoon

Evening Meditation Q & A: Facilitated by Willaru

This evening we will have the chance to sit with Willaru and ask him any questions you might have about spirituality, esoteric science, the Incan Empire and of course Machu Picchu.

Overnight: Agues Calientes

### **Monday 18 September 2017**

This morning we will board the train bound for Machu Picchu and journey along the Urubamba River through the canyon finally reaching our destination, the beautiful character town of Agues Calientes. This is the beginning of the Amazon Jungle and where we base ourselves for the next couple of nights. The town has a fabulous selection of restaurants as well as an amazing array of shops selling all that Peru is famous for. You will enjoy the atmosphere of the town and have plenty of time to explore it.

After checking into our hotel we will embark on a walk along the Urubamba River exploring the beginnings of the Amazon Jungle and visit the waterfalls of Mandor.

Evening free to explore Agues Calientes  
Overnight: Agues Calientes

**Tuesday 19 September 2017**

This morning we will be up early to make the most of our day exploring Machu Picchu, the ancient Mystery School for the higher initiation. We will learn all about the Incan Civilisation and how they lived, worshipped and taught, the importance of the many temples and much more in the hidden city of light. We will visit the Sun gate, the Incan Bridge, the main city and if we have time we will climb the Machu Picchu (meaning old mountain) trail. Willaru has a lovely way of guiding us slowly so we have time to talk, walk and rest without any pressure in having to run everywhere which you see many others doing. The rest of the afternoon is spent with free time in Machu Picchu.

Overnight: Agues Calientes

**Wednesday 20 September 2017**

This morning we will travel from Agues Calientes by train and on arrival into Ollantaytambo we will be met by our driver and transferred back to Cusco via the sacred site of Chincheros. We will stop for lunch and have time to explore the town, its markets and sacred site.

Overnight: Cusco

**Thursday 21 September 2017**

Today is a free day in Cusco to do your last minute shopping as you wander through the maze of cobblestoned streets. Take in the sights and all of the wonders that this wonderful town has to offer.

This evening we will have a Farewell Dinner at a fabulous restaurant in Cusco.

Overnight: Cusco

**Friday 22 September 2017**

Today we will be transferred at different times of the day to Cusco Airport for our departure back home.

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